



February 1-28: National Dog Lover's Month. Show off your love for your dog all month long by sending in a picture! Please send pictures to sbibbs@deerparktx.org

February 9: Healthy Living: A Fresh Start to Healthier You! A four week program that guides you through new and creative ways to help you conquer your New Year's Resolution to get healthier. Learn from a nutritionist how to guide through the world of nutrition and how to apply it. Virtual classes are every Tuesday from 2pm-3pm via Webex. Sessions are **FREE**. Register by calling the Community Center at 281-478-2050.

February 12: Valentine's Time! Celebrate Valentine's Day at Maxwell Center during curbside meals. During meal pickup participants will receive Valentine's sweets from the staff at Maxwell Center.

February 13: Parking Lot Bingo will be conducted for Deer Park residents aged 55 and older at the Maxwell Adult Center. Bingo starts at 9am.

February 16: Mardi Gras! Let the good times roll at the Maxwell Center during curbside meals. Participants will receive beads with their meals.

February 23: Doggy Love! We will celebrate National Dog Biscuit Month by handing out dog biscuits to curbside participants to give to their furry love ones. 50 participants are guaranteed to receive a doggy biscuit.

February 27: Parking Lot Bingo will be conducted for Deer Park residents aged 55 and older at the Maxwell Adult Center. Bingo starts at 9am.

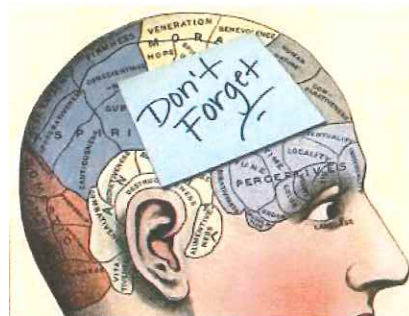
March 4: Master of Memory Series. Learn from a Texas A&M Consultant on what can affect your memory, and how your memory work and strategies help to improve your memory. This is a six week course that will have virtual classes every Thursday from 2pm-3pm via Webex. Sessions are **FREE**. Register by calling the Community Center at 281-478-2050.

Master of Memory Series

Understand how the memory works, identify ways to improve memory, and pinpoint things in everyday life that may affect memory. Classes will be offered on Monday's from 2pm-3pm via WebEx on the following dates:

Thursday, March 4
Thursday, March 11
Thursday, March 18
Thursday, March 25
Thursday, April 1
Thursday, April 8

If you are interested in joining you may call the Community Center at 281-478-2050 in order to register over the phone. You may also email Stephen Bibbs at sbibbs@deerparktx.org if you have any questions



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FEBRUARY 2021